



## Personal Bicycle Fitting Report

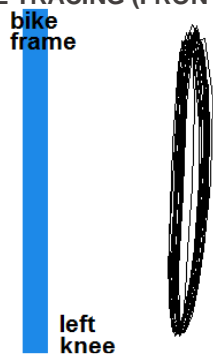
### Rider Information

NAME: Sean Burke	RIDING STYLE: Racing
AGE: 37	GOALS: Masters Track Nationals
GENDER: Male	INJURIES/PAIN: Right Hip and Knee pain
PHONE: 619-865-3385	FLEXIBILITY: -
EMAIL: coachsburke@gmail.com	TRAINING VOL: 15-20hrs/wk

#### MEASUREMENTS & ANGLES

KEY	DESCRIPTION	MEASUREMENT	KEY	DESCRIPTION	MEASUREMENT
	Knee Angle Flexion Knee Angle Extension	110 deg 38 deg		Ankle Maximum Ankle Minimum Ankle Range	93 deg 74 deg 18 deg
	Knee Forward of Foot Knee Lateral Travel	-20 mm 33 mm		Knee Travel Tilt	3 deg
	Hip Angle Closed Hip Angle Open	56 deg 101 deg		Hip Vertical Travel Back Angle	55 mm 39 deg
	Hip to Wrist Vertical Hip to Wrist Horizontal	-107 mm 794 mm		Hip to Elbow Vertical Hip to Elbow Horizontal	68 mm 578 mm
	Hip Foot Lateral Offset	0 mm		Armpit Angle to Elbow Armpit Angle to Wrist	84 deg 92 deg
	Elbow Angle	158 deg		Forearm Angle	-39 deg
	Thigh Length Shin Length	469 mm 440 mm		Power Output Ave (Max) Speed Ave (Max) Cadence Ave (Max)	279 watts ( 280 watts) 11 mi/hr ( 11 mi/hr) 91 RPM ( 107 RPM)

#### KNEE TRACING (FRONT VIEW)



#### BIKE & SESSION INFORMATION

MAKE/MODEL: Time/Ulteam  
 TYPE: Road  
 PEDALS: Clipless  
 HANDLEBAR: Drop  
 DATE/TIME: 2011/05/25 17:58  
 SIDE: left # 11  
 DURATION: 15 sec  
 NOTES:

#### SITE INFORMATION

NAME: Studeo DNA  
 OPERATOR: Chris Bennett  
 ADDRESS: 2382 Camino Vida Roble  
 Unit G  
 Carlsbad, CA 92011  
 USA  
 PHONE: 760.650.2362  
 WEBSITE: www.studeodna.com

